

Hair Removal Treatments



Ellipse Intense Pulsed Light Permanent Hair Reduction and Skin Rejuvenation

Consultation & Patch Test £38
(This fee will be deducted from the cost of your first treatment).

Ellipse light uses clinically proven, safe and effective techniques to provide permanent hair reduction for the face and body. It can also treat sun damaged skin, acne scarring, age spots, uneven pigmentation and thread veins. A course of treatments is required to achieve desired results. Price quoted must be used as a guide only. You will be made fully aware of the total cost of any treatments before treatment begins.

Skin Rejuvenation

Hands	£65
Face	£120
Face & Neck	£175
Décolleté	£100
Face, Neck & Décolleté	£225
Facial Thread Veins	from £66

Hair Removal

Upper Lip	£50	Bikini Line	from £100
Chin	£60	Brazilian	£165
Lip & Chin	£95	Breast or Tummy Line	£95
Neck or Jaw Line	£125	Lower Leg (inc knees)	£185
Underarm	£95	Thigh (inc knees)	£225
Hands/Feet	£75	Full Leg	£325
Forearm	£130	Back or Chest areas	from £120

• Course of 6 (pay for 5 receive 1 free) • Course of 3 (save 10%)

Electrolysis

Safe permanent removal of unwanted hair. For each client visit a sterile disposable needle is used. A free consultation is available to first time clients to discuss your needs and allow you to try the treatment without obligation.

Minimum charge	£19
15mins	£27
20mins	£29
30mins	£36

• Course of 10 (pay for 9 receive 1 free)

Advanced Electrolysis

Our expert can treat red veins, skin tags, millia and seborrhic keratosis from £45

Waxing

Carried out using Luxury Creme Wax. Hot wax available for bikini and underarm please specify at time of booking. For Bikini Waxing please trim hair to approximately 1cm, this will ensure your waxing experience is as comfortable as possible.

Half Leg (lower)	£23	Thong	£25
Half Leg (upper)	£27	Brazilian	from £30
Full Leg	£38	Hollywood	from £40
Three Quarter Leg	£27	Underarm	£15
Bikini Line	£15	Lip or Chin	£12
Extended Bikini Line	£19	Lip and Chin	£18
		Half Arm	£220

Save 10% when booking leg wax plus one other area.
Save 15% when booking leg wax plus two other areas.

Threading

Threading is a natural ancient form of hair removal using 100% antibacterial cotton thread, great for sensitive skin.

Eyebrows	£16
Lip or Chin	£13
Lip & Chin	£20



Beautiful Brows & Lashes

Note: 24hr patch test required before first set of lash extensions, lashlift and lash or Brow Tinting.

Luxury Brow Shaping	£20	Brow measuring, shaping and make-up
Luxury Brow Grooming	£27	Brow measuring, shaping, tinting and make-up
Luxury Lash & Brow Grooming	£41	Brow measuring, shaping, lash & brow tinting and make-up
Standard Brow Shaping	£15	Wax or tweeze
Lash Tint	£24	
Brow Tint	£15	
Lash & Brow Tint	£30	
Lash Lift & Tint	£50	
Lash Lift	£35	

3D Effect Eyelash Extensions

Our lash extensions give you longer thicker lashes. Subtle and elegant or full on glamour, the choice is yours. The individual lashes come in various lengths and thicknesses and adhere to your own lashes for a long lasting look. Mink lashes give a very natural look and feel.

Full set of Eyelash Extensions	£75	Mink	£95
Half set of Eyelash Extensions	£45	Mink	£55
Full Set plus 2 Half Set Infills	£150	Mink	£190



Jane Iredale Pure Mineral Make-Up

Jane Iredale Make-Up is available to order. Make-Up events are held throughout the year with a professional make-up artist.



Gift Cards

Gift Cards are available for all treatments or any monetary value, they make the perfect gift for any occasion. Gift Cards can be mail ordered by telephone and online. Gift Cards are valid for four months from date of purchase and are non refundable.

Salon Information

- We offer a Loyalty scheme which rewards regular clients, please ask for details.
- Skin & Tonic have an app; please download it to your smartphone to take advantage of very special loyalty bonuses.
- Please note facial treatments, CACI, body treatments for hands, feet & nails booked with management or senior staff will be charged at an additional premium of approximately 10%.
- Please let us know at time of booking if you are pregnant or could be, as some treatments are not suitable during this time.
- Regretfully, late arrival for your appointment will constitute a reduced treatment time.
- As a courtesy to other clients and our therapists, please give at least 24 hrs notice if you need to cancel or change an appointment. There is a cancellation fee if the appointment is cancelled

within 24 hrs and cannot be filled. Missed appointments are charged at 100% of the treatment price.

- In order to maintain the relaxing ambience for clients of the salon, we would ask that mobiles be switched off during your time with us.
- Courses are valid for six months.
- We accept visa, mastercard, debit cards, cheques and cash.
- We offer 10% discount to under 18's for all suitable treatments.
- All prices are inclusive of VAT and are subject to change without prior notice.

We recommend that you:

- Do not have any heat treatments before or after waxing, this includes sunbeds, sauna, steam, swimming and sunbathing.
- Bring open toed shoes to wear after a pedicure.

Hours of Business

Monday	9.00am - 9.00pm
Tuesday	9.00am - 9.00pm
Wednesday	9.00am - 9.00pm
Thursday	9.00am - 9.00pm
Friday	9.00am - 6.00pm
Saturday	8.00am - 4.30pm

Skin & Tonic

39 Abbey Avenue, St. Albans, Hertfordshire AL3 4BH
Telephone 01727 857223 info@beautyatskinandtonic.co.uk

FREE PARKING

is widely available directly outside the salon or in any of the side roads.

For map of salon location please visit: www.beautyatskinandtonic.co.uk

Skin & Tonic Beauty Salon



Telephone: 01727 857223
www.beautyatskinandtonic.co.uk

Skin and Tonic - Experience the difference

Multi-Award Winning Beauty Salon

Multi-award winning Skin & Tonic Beauty Salon was opened in 1996 by beauty therapist Laura Bateman, her philosophy is to provide an unrivalled service using high quality products and effective treatments, enabling you to relax during your visit knowing you will be completely cared for.

Skin & Tonic has an enviable reputation for providing an exceptionally high standard of service using safe, effective, professional treatments and products in a welcoming, calm environment. Our expert, caring therapists take great pride in ensuring that clients receive the maximum benefit from treatments, products and aftercare, by carrying out each and every treatment to the highest standard.

Our aim is to exceed expectations so please let us know if there is anything we can do to enhance your time with us, we will be happy to help. To book an appointment or if you have any questions please telephone, email or call in.

Awards & Recognition

Our dedication and expertise has been acknowledged since we began entering professional industry awards in 2008 and Skin & Tonic is now recognised as one of the leading salons in the UK.

We have now achieved many awards, our latest is 'Best Beauty Salon in Hertfordshire 2016'.

A full list of awards can be seen on our website.



Facial Treatments



Every day we are exposed to stress, pollution, toxins, and UV rays, known as free radicals, they are the biggest cause of skin damage and ageing, they destroy the chemical makeup of our skin cells, preventing them from functioning properly and causing our skin to deteriorate.

This medical facial uses clinically-proven techniques to remove dead skin cells and impurities, then replenishes the skin with antioxidants, peptides and hyaluronic acid for clearer, more youthful, radiant skin with fewer lines and wrinkles and tighter pores.

HydraFacial (All Skin Types)	£120	Course of 6 £595
HydraPeel (Pigmentation/Acne Scarring)	£160	Course of 6 £775
HydraPlump (Fine Lines & Wrinkles)	£160	Course of 6 £775

For best results an initial course of weekly treatments followed by monthly treatments is recommended.

Perk
CLEANSE WITH BENEFITS

Perk™ is the world's first hybrid facial, which includes a professional in salon treatment and take home products to continue the benefits. Focusing on lightly plumping lips, replenishing the eye area or refreshing the face, patented roller-flex technology loosens dirt, oil and dead skin cells through gentle exfoliation whilst flushing and suctioning away impurities finally replenishing skin with vital antioxidants and nutrients.

Lip Treatment	£35	Eye Treatment	£40	Face Treatment	£55
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IMAGE SKINCARE

Image Skincare is a cosmeceutical range, using cosmetic ingredients in a pharmaceutical delivery system plus vectorise technology™ to reach deep into the skin to target new cells and correct them before they reach the surface.

Signature Facelift Enzyme Treatment	£70	Course of 6 £375
All skin types, rosacea, dry, dehydrated, sensitive skin.		
Ormedic Lift Enzyme Treatment	£65	Course of 6 £350
Unbalanced, teen, sensitive skin.		
Lightening Lift* Pigmentation, sun damage.	£75	Course of 6 £400
Wrinkle Lift* Ageing, fine lines and wrinkles.	£75	Course of 6 £400
Acne Lift* Oily, congested, acne prone blemished skin.	£75	Course of 6 £400

*Image skin treatments marked with a * require a minimum of 2 weeks at home skin prep and cannot be performed as isolated treatments, they must be part of an image skincare program that includes homecare. The above treatment prices include a post treatment skin kit, worth £30. It is essential for the care of your skin following your professional treatment to ensure you get the best results and must be used for 3 - 5 days in place of your normal skincare products.*

O2 Facial All skin types	£60	Course of 6 £325
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This treatment infuses oxygen, plant derived stem cells, peptides and a high concentration of enzymatic botanicals into the skin leaving it luminous, refreshed and rejuvenated.

DECLÉOR PARIS
SKIN • BODY • MIND

Decléor's holistic facials are famous worldwide for their heavenly feel and stunning results. Expert massage techniques and 100% pure, preservative free Essential Oils leave skin glowing.

• Back Diagnostic Massage • Deep Cleansing • Exfoliation • Massage • Treatment Mask • Hand Massage

Orexcellence Facial	£78	Course of 6 £415
5★ Treatment		
	A Pilates session for the skin to help visibly lift, remodel and re-densify. Outstanding product ingredients plump and smooth the appearance of lines and wrinkles.	

Expert Facials	£73	Course of 6 £390
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Collagen Plump & Lift Effective anti-ageing facial, a collagen-rich mask leaves the skin feeling plumped and tightened.

Hyaluronic Acid Wrinkle Resist Youth boosting anti-wrinkle treatment for the 1st signs of ageing.

Moisture Quench Super hydrating facial quenches the thirstiest skins.

Divine Nutrition Intensely soothing treatment instantly relieves irritated complexions.

Harmonie Calm Intensely soothing treatment instantly relieves irritated complexions.

Aurabsolu Glow Awakens tired complexions, leaving the skin fresh and luminous.

Ultimate Vitamin Glow	£67	Course of 6 £360
	Award winning vitamin facial leaves skin visibly radiant.	

Add an extra 15 minute back massage to above facial for £15 Course of 6 £80

dermalogica®

With Dermalogica's revolutionary skincare formulations and our therapist's expertise, each facial will be individually adapted to treat your skin.

• Deep Cleansing • Power Exfoliation • Face Mapping™ • Treatment Mask • Hand Massage

Ultimate Treatment Facial	£73	Course of 6 £390
	Individually prescribed facial, with the additional benefits of a stress relief back massage.	

Add an extra 15minute back massage to above facial for £15 Course of 6 £80

Prescriptive Facial	£55	Course of 6 £295
	A thorough facial, which can also be tailored for teenage skin or a back treatment.	

CACI Non-Surgical Face Lift Treatments

Skin & Tonic has invested in the latest CACI Synergy Machine to bring you the most advanced non-surgical face lifting treatment currently available in St Albans!

It is the only non-surgical treatment to combine microcurrent with LED light therapy to give even better results!

CACI Synergy Anti-Ageing 5★ Treatment	£115	Course of 10 £1035	Course of 6 £620
	Non-Surgical Face Lift & Skin Rejuvenation includes ultrasonic peeling, microdermabrasion, micro-current lifting, wrinkle comb & hydratone mask.		

CACI Synergy Signature Face Lift	£70	Course of 10 £630	Course of 6 £380
	The latest CACI Non-Surgical Face Lift, lifts and tones the facial muscles for a smoother, younger looking complexion.		

CACI Synergy Skin Rejuvenation Facial	£65 £45 Décolleté	Course of 6 £350	Course of 6 £245
	Skin Rejuvenation Facial ncludes ultrasonic peeling, microdermabrasion, wrinkle comb & hydratone mask.		

CACI Ultimate Anti-Ageing Facial	£98	Course of 10 £880	Course of 6 £530
	Non-Surgical Face Lift & Skin Rejuvenation includes microdermabrasion, micro-current lifting, wrinkle comb & hydratone mask.		

CACI Ultimate Classic Face Lift	£60	Course of 10 £540	Course of 6 £325
	Lifts and tones the facial muscles for a smoother, younger looking complexion.		

Optional extras to the CACI Synergy Signature or CACI Classic Face Lift Treatment:

• Wrinkle Comb £15 • Microdermabrasion £15 • Ultrasonic Skin Peeling £15
• Hydratone Mask £15 • Eye Revive £20 • Lip Plump £15

CACI Jowl Lift	£38 Synergy £33 Ultimate	Course of 10 £340	Course of 6 £199	Course of 10 £295	Course of 6 £178
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Developed to target muscle laxity around the jawline to give a firmer more toned appearance.

CACI Eye Revive	£45 Synergy £40 Ultimate	Course of 10 £400	Course of 6 £240	Course of 10 £360	Course of 6 £215
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Lifts hooded eyelids, reduces puffiness, dark circles and softens fine lines and wrinkles around the eyes, using microcurrent rollers and a hydrating eye mask.

Body Treatments

In all of our massages we use therapeutic essential oil blends to further enhance the benefits of your treatment.

Full Body Massage	£70	A complete body massage to reduce stress and relax mind and body.
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Essential Tension Zone Massage	£44 Back and Shoulder £50 Back, Neck, Shoulders & Scalp	Course of 6 £239	Course of 6 £267
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Add Hot Stones to above massages £10

Warmed lava basalt stones treat deep into the muscles, to melt away tension, aches and pains, they are the perfect addition to your massage.

Decléor Aromablend Refine & Firm Massage 5★ Treatment

Recharge your body and balance your emotions with a tailor made body shaping ritual, using a fresh approach to massage and body sculpting, the feel of a massage with the results of a wrap!

This highly effective massage is completely bespoke to you, a fusion of essential oils and plants oils will be chosen and blended to focus on what you would like to achieve and how you would like to feel.

Full Body Refine or Firmness Treatment	£72	Course of 6 £388
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Light Legs or Waistline Treatment	£45	Course of 6 £243
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Decléor Radiant Mum 2 Be	£85	Relax and treat yourself to a body and face experience, especially for expectant mums.
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ST.TROPEZ YOUR ULTIMATE TAN

St Tropez Spray Tan	£26	Achieve a beautiful even St Tropez Tan, choose from classic, dark, express, luxe oil or sensitive formulations.
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Hands, Feet and Nails

Shellac

• Up to 14 Day wear • Mirror finish • Zero dry time • No nail damage

Shellac Manicure	Nail shaping, dry cuticle tidy and Shellac application.	£33
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Ultimate Shellac Manicure	Our Ultimate Manicure plus Shellac application.	£42
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Shellac Pedicure	Nail shaping, dry cuticle tidy and Shellac application.	£37
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Ultimate Shellac Pedicure	Our Ultimate Pedicure plus Shellac application.	£50
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Shellac or Bio Sculpture soak off	With re-application.	£9
	Without re-application. Includes nail shaping and conditioning.	£17

Bio Sculpture Gel

• Non-damaging • Last 2-3 weeks • Smudge proof • Easy home care

Gel Overlay Manicure	Nail shaping, dry cuticle tidy and Gel application.	£39
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Gel Overlay Pedicure	Nail shaping, dry cuticle tidy and Gel application.	£45
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For a 'French' finish to Bio Gel or Shellac add £4 to the above treatment prices

For bespoke finishes (ie. glitter) add £5 to above treatment prices.

Note: Soak off time can vary along with cost depending on previous product application.

Manicure & Pedicure

Ultimate Manicure	£34	An intensive treatment to care the hands and nails.
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Treatment Manicure	£28	Re-shape, cuticle tidy and nail strengthener (no polish).
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Express Manicure	£22	Re-shape, condition and polish.
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Ultimate Pedicure	£44	An intensive treatment to treat and care for the feet and nails.
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Treatment Pedicure	£37	Foot soak, scrub, nail trimming and either cuticle tidy or polish.
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Express Pedicure	£26	Nail trimming, condition and polish.
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Add Paraffin Wax to a manicure or pedicure £5

Skin & Tonic Signature Treatments

Signature Aromatic Facial	£55	Deep cleanse, exfoliation, facial massage and mask plus your choice of hand and arm or neck, shoulder and scalp massage.
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Signature Cosmeceutical Facial	£55	A hands on results led Skin & Tonic bespoke facial using professional cosmeceutical products to target your skin concerns.
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Body Exfoliating Massage	£49	An invigorating treatment to slough off dead skin cells, improve circulation and nourish the skin leaving it deeply cleansed, silky smooth and moisturized.
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Skin & Tonic Experience 5★ Treatment	£99	<i>(with hot stones add £10)</i>
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A complete body and face experience, combining a full body massage with aromatherapy oils and a relaxing facial.